

Patron/Player Protocols

- 1. Game Rules:
 - a. No Body Checking allowed
 - b. Masks MUST be worn on the bench locker rooms lobby at ALL times and players need to remain six (6) feet apart on the bench.
 - c. Masks MUST be worn during ALL face-offs by Centers and wings.
 - d. Referees and Coaches MUST wear masks at ALL times
 - e. Referees will utilize electronic whistles.
 - f. Players must wear face coverings at all times in building and on the bench, only exception is during play on ice.
 - g. Valley Hockey League will be imposing a strict limit of 2 coaches on the bench per team for all youth games.
 - h. All players must remain in locker room or skate tying area until the buzzer sounds for them to take the ice for warmups.
 - i. Coaches are responsible to ensure players are socially distancing at all times
 - j. No more than one player in a penalty box
- 2. Players must walk into the facility dressed and show up to the rink no more than 15 minutes prior to their ice time.
- 3. Rink will provide adequate space for skaters to put their skates on, but we recommend bringing walkable skates guards as well.
- 4. Players MUST leave within 15 minutes of the end of their ice time.
- 5. 1 Spectator per player for any player.

Additional Rink Protocols

- 1. One-way flow of traffic for players and coaches.
 - a. Entry for each rink is clearly marked through the 2 sets of double doors at the front of the arena
 - b. Exit only through the clearly marked side doors, exiting into the parking lot area.
 - c. Employees will help direct traffic flow when customers are entering and exiting the facility.
- 2. All employees must wear masks at all times.
- 3. All employees must wash and sanitize hands regularly during their shift.
- 4. All employees will have their temperatures taken prior to the start of every shift and entered into log book.
- 5. All employees will be continuously filling hand sanitizer and hand soap dispensers.
- 6. All high traffic areas and touchpoints will be disinfected on a regular basis using an electrostatic sprayer and CDC approved disinfectant.
- 7. Bleachers, benches, locker rooms and skate untying areas will be cleaned and disinfected after each use
- 8. Bathrooms will be disinfected regularly during each shift.
- 9. Showers will be closed.
- 10. If a player or coach has any sort of illness, coughing, or sneezing the CDC recommends staying home.



- 11. If any individual develops symptoms of COVID-19 during the activity, they should promptly inform organizers and must be removed from the activity and instructed to return home.
- 12. Organizers of activities are responsible for following all guidelines and creating a safe environment for participants.
- 13. Organizers must educate all participants and spectators on the applicable protocols for the relevant activity, protocols for entering/leaving the facility, and any other hygiene requirements
- 14. If a player or coach develops symptoms of COVID 19, organizers must have a COVID 19 procedure that removes them from the activity and sends them to home 9.
- 15. Players, coaches, and anyone working with teams at the rink should check their temperatures at home prior to coming to the rink. If your temperature is 100.4F or higher, stay home and contact your organizations Covid Director.
- 16. Any participants, players, or coaches who test positive for COVID-19 may not return to the Haverhill Valley Forum until compliance is achieved with State and CDC guideline
- 17. Must achieve proper hygiene at beginning and end of all activities thru handwashing and sanitizing.
- 18. Please make sure to cover your mouth and/or nose when sneezing or coughing.
- 19. NO SPITTING inside facility.
- 20. Valley Rinks will provide hand sanitizing stations throughout the facility.
- 21. Shower areas will be closed until further notice.
- 22. All players must be free of COVID symptoms for the past 14 days and have not been exposed to someone who has been ill in the last 14 days

Locker rooms

- 1. Locker rooms will be provided but are limited to 50% capacity
- 2. Each team will be assigned 2 locker rooms for a game or practice.
- 3. Players should arrive dressed in equipment and utilize rooms for skate tying only.
- 4. Once players have tied skates they must proceed to designated areas with their bags (1st row of bleachers or chair untying area along far wall)
- 5. Each session will alternate between the 2 areas (Bleachers and Chair Area)
- 6. These areas are the designated skate untying areas with sufficient space for 50+ players.
- 7. Players must untie skates and leave the arena within 15 minutes of the end of their game

Practice:

- 1. Practices are limited to team training of rostered players and coaches in a cohort no more than 25.
- Players within the cohort must be socially distanced to the greatest extent possible.
- 3. Up to two cohorts may use the same sheet of ice as long as each cohort is 14' or more apart.
- 4. Coaches and players in each cohort must remain with that cohort the entire practice.
- 5. NO SPECTATORS for any games or practices for players Squirt age and above.
- 6. If a player or coach has any sort of illness, coughing, or sneezing please stay home.



- 7. No contact or battle drills are allowed.
- 8. Contact Tracing:
 - a. ALL rental groups are required to provide an accurate roster with contact information of all participants.
 - b. The rink will maintain contact tracing information and all information is confidential and will only be disseminated if required by local board of health.
- 9. If a player or coach has any sort of illness, coughing, or sneezing please stay home.
- 10. No contact or battle drills are allowed.
- 11. Coaches must be responsible for social distancing among players and coaching staff.

Please view the attached flow chart for facility entrances, exits and traffic flow.